

# Oregon Support Programs + Agencies



Search “Oregon Long-term Services and Supports Waiver Programs” to find an organized summary of State waiver assistance programs. Two good sites are:

- <http://medicaidwaiver.org/state/oregon.html>
- <https://www.oregon.gov/dhs/seniors-disabilities/dd/pages/compass-project-waivers-rules-policy.aspx?>

## Supplemental Security Income (SSI)

*Is my child eligible?*

<https://www.ssa.gov/ssi/text-eligibility-ussi.htm>

## Oregon-Based Resources

### Olmstead Rights- Oregon Disability Resources and Advocacy Organizations

contains many helpful resources and links to government agencies and disability rights organizations in Oregon: including, but not limited to

- Disability advocacy
- Home health services
- Home care
- Nursing aide services
- Medicaid
- Accessing other community resources to help people with disabilities

### Brain Injury Alliance of Oregon (BIAOR)

provides resources to survivors of brain injury, families, and professionals who work with individuals with brain injuries. Services include support groups, training, education, and more.

**Adaptive BIKETOWN** is Portland’s adaptive

bike rental program. The program’s goal is to increase biking access for people with disabilities.

**Advocate Care** is a specialized residential care facility that specializes in providing care for younger adults (ages 18-65) with a wide range of disabilities, from traumatic brain injury to developmental disabilities.

### African Youth Community Organization (AYCO) Health Care and Disability Services

aim to bridge the gaps in services experienced by new immigrants. Our staff provide knowledgeable guidance through health care and disability resources, with understanding of the language and culture of those seeking this support.

### Aging and Disability Resource Connection (ADRC) of Oregon

can help you learn about local public and privately paid options for services to address aging or disability needs.

### Brain Injury Professionals and Services

provides a comprehensive list of professional resources for survivors of brain injury and their families.

**Brain Injury Support Groups in the Pacific Northwest** provides a listing of online

support groups for individuals with brain injuries and their families.

**Children's Intensive In-Home Services Program (CIIS)** provides flexible, family-centered, culturally sensitive case management services that help families care for their children with significant disabilities in their homes.

**Disability Rights Oregon** has a mission to promote and defend the rights of individuals with disabilities and has various projects including children's rights, mental health rights, and more.

**Employment Services for Seniors and People with Disabilities** has information and resources for seniors and adults with disabilities interested in employment.

**Grace Center** is a non-profit organization and has the mission to provide day services that optimize the cognitive and physical abilities of seniors and adults with disabilities so they can remain as independent as possible and in their homes.

**Intellectual and Developmental Disabilities (I/DD) Services for Adults** provides information and services for adults with I/DD, including service coordination, support services, and comprehensive services.

**Local Organizations and Resources for People with Disabilities** provides a listing of various organizations located in Oregon.

**Office of Developmental Disability Services – Supported Employment Services** can help individuals with intellectual and developmental disabilities find an integrated job in the community.

**Oregon Council on Developmental Disabilities (OCDD)** promotes the advancement of social and policy change so that people with developmental disabilities,

their families and communities may live, work, play, and learn together.

**Oregon Department of Human Services** helps people find benefits and services from the State of Oregon for children, families in need of necessities, older adults, and people with disabilities.

**Oregon's Family Caregiver Support Program** helps caregivers support their loved ones and themselves. For example, services such as respite care and transportation can help.

**Oregon's Statewide Assistive Technology Program** serves to increase access to assistive technology (AT) devices and services for individuals with disabilities and their families, and to facilitate the development of a consumer-responsive AT service delivery system through device loan library, training and technical assistance, and AT financing resources.

**Portland Parks and Recreation – Adaptive and Inclusive Recreation** offers community-based recreation activities and leisure services specially designed for children, teens, and adults who have a disability and/or special needs. These services are designed to assist people in developing and using their leisure time.

**R&J Mobility** provides options to buy or rent various mobility products, such as wheelchairs, powerchairs, and vehicle accessibility features.

**Team Luke Hope for Minds** exists to enrich the lives of children impacted by a brain injury and to give hope to their families through support, education, and resources.

**The Office of Developmental Disabilities Services (ODDS) – Services for Children** offers supports to children and families ranging from in home family support, intensive in-home supports and 24-hour

services in foster care or residential placement.

**The State Independent Living Council (SILC)** is a Governor appointed body, offering people with disabilities control over the design of Oregon's Independent Living program services.

**Vocational Rehabilitation (VR)** assists individuals with disabilities get and keep a job that matches their skills, interests, and abilities.

## Financial Aid

**Child Care Assistance – The Employment-Related Day Care program (ERDC)** helps eligible low-income families pay for childcare while they are working.

**GrantWatch- Disability Grants** information about available government and foundation grants.

**Northwest Access Fund** offers people with disabilities customized loans, financial coaching, and other resources to promote access to assistive technology, independence, financial resilience, and life opportunities.

**Oregon Department of Human Services – Benefits and Assistance** allows users to apply for food, cash, and childcare assistance in one place.

**Oregon Prescription Drug Program (OPDP)** is available to all resident of Oregon regardless of age or income level and helps reduce the cost of prescription medications.

**Supplemental Nutrition Assistance Program (SNAP)** provides nutritional assistance benefits to children and families, elderly adults, individuals with disabilities, and people who are unemployed, or part of working families.

**The Oregon Special Needs Trust (OSNT)** is a pooled trust established to offer families a dependable, affordable way to provide financial security and an enhanced quality of life for their loved ones, while preserving the benefits they depend on in their daily lives.

**Oregon Special Needs Trust – Remainder Fund Grant Program** provides 5 options for grants:

- The Higher Education Grant to contribute towards costs associated with post-secondary education.
- Convention/Conference Grant helps cover the cost of registration fees and/or travel expenses to attend The Arc Oregon State Convention, The Arc National Convention, the National Disability Policy Seminar, or an Oregon conference/convention with a focus on the rights of people with disabilities.
- Final Expense Grant helps pay for the final burial/cremation expenses for a current or previous OSNT sub-account beneficiary.
- Legal Expense Grant helps pay for the legal fees incurred to get a court-approval as necessary to establish and OSNT account.
- Accessibility Grant helps pay for home or vehicle modifications, adaptive equipment/technology, communication devices, or durable medical equipment necessary for accessibility at home, work, school, or the community.

**The Temporary Assistance for Needy Families (TANF)** program provides cash assistance to low-income families with children while they strive to become self-sufficient. Cash assistance is intended to meet a family's basic needs such as food, clothing, shelter, and utilities.

**Transportation Services** are available for individuals for community or Employment/

Day Support Activity (DSA) transportation if they need daily living care supports either during transportation or at the destination and are receiving services through the Office of Developmental Disabilities Services (ODDS).

## Healthcare

**Blackburn Center Clinic** offers primary care and routine health screening, minor medical procedures, mental health counseling and therapy sessions.

**Medical Programs in Oregon** include resources for getting insurance coverage for individuals with low-income, benefits for people who are aged/blind/disabled, Medicare information and resources, and prescription drug assistance.

**Medicare Rights Center** is a national, nonprofit consumer service organization that works to ensure access to affordable health care for older adults and people with disabilities through counseling and advocacy, educational programs and public policy initiatives.

**Mercy & Wisdom Health Clinic** provides primary health care services to the community, especially to medically underserved population, and serves as an educational institute to teach the public how to achieve and maintain health physically, mentally, emotionally and spiritually.

**National Health Law Program** includes detailed information about federal health policy, especially Medicaid and Medicare.

**North by Northeast Community Health Center** provides basic primary care services to adults who are enrolled in the Oregon Health Plan, with a focus on serving the African American community.

**Oregon Health Plan (OHP)** is Oregon's Medicaid program. It provides free coverage

for people in Oregon who meet eligibility criteria. Coverage includes doctor visits, hospital care, mental health services, dental, and some vision care.

### **Senior Health Insurance Benefits**

**Assistance (SHIBA)** is a statewide network that provides education and advocacy for people of all ages who have or want to apply for Medicare.

**Special Options for Members of Tribes** are available for American Indians and Alaska Natives who are enrolled in a federally recognized Tribe.

## Legal Advocacy

### **Center for NonProfit Legal Services**

**(CNPLS)** serves to secure justice and protect the rights of needy persons in Jackson County.

**Legal Aid Services of Oregon (LASO)** is a statewide non-profit organization that provides free legal help to individuals with low-income and elderly clients relating to physical safety, access to food and shelter, and other critical needs.

**Oregon Law Center (OLC)** provides free legal help to people struggling to make ends meet on matters related to their homes, livelihoods, medical care, and physical safety against domestic violence.

**Oregon Legal Assistance Resource Guide** lists sources of free or low-cost legal assistance in Oregon.

**OregonLawHelp.org** is a guide to legal information and free civil legal services for low-income persons and seniors in Oregon.

### **Self Advocates Becoming Empowered**

**(SABE)** is the United States' national self-advocacy organization that works to ensure that people with disabilities are treated as

equals and are given the same decision-making opportunities.

## Treatment and Rehabilitation

**CollidedScopes** serves individuals with concussion or brain injury and provides support groups to those affected by brain injury.

**Homeward Bound Rehabilitation** provides unique and holistic therapy for adults with brain injury and focuses on behavioral, physical, and cognitive rehabilitation.

**Legacy Rehabilitation Institute of Oregon (RIO) at Legacy Good Samaritan Medical Center** is an inpatient rehabilitation facility offering the highest level of care available. RIO offers patients and their families a complete approach with round-the-clock medical and rehabilitation services in a caring environment, as well as therapy, skills training and counseling all in one location.

**Neuro Notes Music Therapy** is a neurologic music therapy company that focuses on providing the highest quality of care for their clients.

**Progressive Rehabilitation Associates (PRA)** believes that everyone deserves to live a fulfilling life and make meaningful contributions to society. This purpose is supported through advocacy, education, compassion, and specializes in care and rehabilitation for people with brain injuries and chronic pain.

**Rehab Without Walls NeuroSolutions** provides home and community rehabilitation, as well as residential facilities and outpatient clinics to remove barriers for clients with brain and spinal cord injury.

**The Child Development and Rehabilitation Center (CDRC)** combines clinical excellence with innovative research to provide the best care for children with special health needs using a family-centered, team approach to care for each patient and family.

**The Cognitive Enhancement Center** therapeutic day treatment program's primary mission is to provide physical, psychological, cognitive, and behavioral rehabilitation opportunities for Individuals living with brain injury and to educate families and outside care facility staff in essential appropriate interaction and behavior support techniques to manage or eliminate negative behavioral issues and concerns.

**The Hello Foundation** provides speech-language therapy, occupational therapy, and school psychology in schools, their outpatient clinic in Portland, and through telehealth.

# Non-Profit Resources

**Adaptive Sports Northwest** provides children and adults with physical disabilities and visual impairments opportunities for health, recreation, and competition through sports.

**Arc of Oregon** enhances the lives of people with intellectual and developmental disabilities and their families. They fulfill this through advocacy for community supports and services that foster social inclusion, self-determination, and equity across all aspects of society.

**Best Buddies of Oregon** is an organization dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-to-one friendships and integrated employments. They also arrange e-Buddies for individuals.

**Casey's Circle** A nonprofit dedicated to helping families of children with special needs find ways for their kids to be kids first - patients later. This is done by providing tools, education, resources and opportunities to help improve the quality of life or medically complex children, their families and their providers, while also strengthening their circle of care.

**Cerebral Palsy Group** General information on CP as well as support resources.

**Cerebral Palsy Guidance** General information on CP as well as financial assistance resources.

**Cherished Creations** Dream requests for children with serious illnesses.

**Children's Wish Foundation International** Grants for wishes for children under 18 who have been diagnosed with a life-threatening medical condition.

**Chive Charities** Funding for rare medical conditions, veterans with medical-related needs, first responders & emergency assistance organizations & underfunded special needs education initiatives.

**Clayton Dabney Foundation for Kids with Cancer** Last wishes, gifts, special events, family travel & financial assistance for families with children in the last stages of terminal cancer.

**Club Everyone, Me and U (Club EMU)** is a nonprofit social group in Portland, OR for neurodiverse individuals (recommended ages 16 and up). Offering social support and guidance when needed and a space to help build friendships, offer support, and help advocate for one another.

**Community Energy Project** provides free home services focused on safety, health, and energy efficiency through education, supplies, and home upgrades and repairs.

**Different Needz** Grants for people with developmental disabilities for equipment and medical services. Grant applications become available in January.

**Disability Art and Culture Project (DACP)** serves to further the artistic expression of people with both apparent and non-apparent disabilities.

**Do It For The Love** Grants live concert wishes for people with life-threatening

illnesses, children with severe challenges & wounded veterans.

**DO-IT (Disabilities, Opportunities, Internetworking, and Technology) Center**

is dedicated to empowering people with disabilities through technology and education. It promotes awareness and accessibility—in both the classroom and the workplace—to maximize the potential of individuals with disabilities and make our communities more vibrant, diverse, and inclusive.

**Dream Foundation** Volunteer-driven wish-granting organization that serves children ages 3-18 who have a critical or chronic illness.

**Easter Seals** offers a variety of services to help people with disabilities address life's challenges from child development centers to physical rehabilitation and job training for people with disabilities.

**Easterseals Oregon** provides exceptional services to ensure that all people with disabilities or special needs and their families have equal opportunity to live, learn, work, and play in their community.

**Fact Oregon** aims to empower Oregon families experiencing disability in their pursuit of a whole life by expanding awareness, growing community, and equipping families.

**First Hand Foundation** Financial Assistance.

**Fund It Forward** For anyone with a diagnosed disability or medical condition in need of medical devices or equipment.

**Granted Wish Foundation** Sports/Athlete specific wishes for people with a physical disability age 5-25.

**Handicap Awareness and Support League (HASL)** assists people with disabilities and

senior citizens in Josephine and Jackson Counties through support, education, advocacy, and training.

**iHOPE** - The International Academy of Hope is a highly specialized brain injury school in New York City funded by the Sarah Jane Brain Foundation (SJBFB). The mission of SJBFB is to change the world for children, youth and young adults who suffer from brain injury and other brain-based disorders by improving services, training and research in this country and beyond.

**INCIGHT** has a mission is to unlock the potential of people through employment, education, and independence. INCIGHT serves individuals living with barriers, people with disabilities, single parents, veterans, welfare recipients, and justice involved.

**Independent Living Resources (ILR)** serves people with all disabilities to provide orientation and mobility, peer counseling, recreation, and skills training.

**Make A Wish Foundation** grants the wish of a child diagnosed with a life-threatening medical condition in the United States and its territories.

**Mclindon Family Foundation** Gives adaptive bikes to children with disabilities.

**Modest Needs** Short term critical-need financial assistance for those who do not qualify for traditional assistance because of income level.

**Mt. Hood Kiwanis Camp (MHKC)** offers outdoor recreational programs for campers with developmental, intellectual, and physical disabilities at its fully accessible 22-acre campsite in the Mt. Hood National Forest.

**National Alliance on Mental Illness (NAMI) Oregon** is dedicated to improving the quality of life for individuals living with mental

illness, as well as their families and loved ones.

**National AMBUCS, Inc.** is creating mobility and independence for people with disabilities by therapeutic tricycles to individuals unable to operate a traditional bike, awarding academic scholarships for therapists, and performing various other forms of community service.

**National MS Society** Resources, support and programs for those living with multiple sclerosis.

**National Organization for Vehicle Accessibility** small grants to help complete accessible van purchases after other funding has been secured.

**National Patient Travel HELPLINE** Provides assistance and referral to the best source of charitable medical air transportation help.

**NeedyMeds** is a 501(c)(3) national non-profit that connects people to programs that will help them afford their medications and other healthcare costs.

**On the Move** is a nonprofit organization supporting adults with intellectual and developmental disabilities in accessing their community through healthful, meaningful, and environmentally responsible activities.

**Oregon Family Support Network (OFSN)** promotes mental, behavioral, and emotional wellness for families and youth through education, support, and advocacy.

**Project DART (Disability Awareness Resource Team)** advocates and volunteers to provide direct services, such as advocacy and resources, to people with disabilities in the Portland Tri-County area.

**Ragan's Hope** helps parents of children with catastrophic injuries by providing financial,

emotional, and spiritual support, in the name of Christ.

**Ray Tye Medical Aid Foundation Grants** for in-hospital life-saving treatments and surgeries for those who do not have medical insurance.

**Rebuilding Together** assists low-income homeowners, elderly, families with children, people with disabilities, and veterans with needed home repairs at no cost.

**Ride Connection** is a private, non-profit organization based in Portland, Oregon, dedicated to coordinating and providing transportation services to people with limited options in Clackamas, Multnomah, and Washington counties.

**RxAssist** Provides information on financial support organizations that help with the cost of prescriptions.

**Sibling Support Network** This organization is designed to meet the needs of siblings of people with disabilities.

**Single Mothers Grants** provides financial assistance for utility bills, childcare, college, medical bills, medications, rent assistance, buying a home and more.

**Special Olympics Oregon** uses sports training and competition to grow acceptance and inclusion of children and adults with intellectual disabilities.

**The Determined Parents Foundation** grants money for things like co-pays, deductibles and items insurance only partially covers or does not cover at all.

**The Job Accommodation Network (JAN)** is the leading source of free, expert, and confidential guidance on job accommodations and disability employment issues.



**The Special Needs Alliance** helps individuals with disabilities, their families and the professionals who serve them.

**The Sunshine Foundation** Grants special dreams to children, ages 3-18, who are chronically or seriously ill, physically challenged or have been abused.

**United Ability** is a non-profit that provides innovative services connecting people with disabilities to their communities and empowering individuals to live full and meaningful lives; particularly through building skills, education, and employment opportunities.

**United Cerebral Palsy (UCP)** of Oregon and Southwest Washington is dedicated to advance the independence, productivity, and full citizenship of people with cerebral palsy and other disabilities.

**UnitedHealthCare Children's Foundation - Family Grants** -UHCCF grants provide financial help/ assistance for families with children that have medical needs not covered or not fully covered by their commercial health insurance plan.

**Unlimited Choices** provides a variety of options for home modifications and repairs for eligible individuals with low incomes and individuals with physical disabilities.

**Wheelchairs 4 Kids** Wheelchairs, home & vehicle modifications, and devices for children with limited mobility.